

Expert Lecture on "Understanding Holistic Development for Students"

The Department of Communication & Media Technology of J.C. Bose University of Science and Technology, YMCA, Faridabad, Haryana, has organized an expert lecture on "Understanding Holistic Development for Students" for media students on the occasion of #Maharishi_Dayanand_Saraswati_Jayanti.

The resource person for the Lecture was Dr. Parveen Kumar, Assistant Professor, Department of Management Studies, J.C. Bose University, YMCA, Faridabad. The Lecture commenced with a welcome address by Dr. Pawan Singh, Chairperson of the department.

During this session, Dr. Kumar said that Holistic development essentially means the development of #intellectual, #mental, #physical, #emotional, and #social_abilities in a child so that they are capable of facing the demands and challenges of everyday life. These abilities are vitally important for success in professional fields of work. He said every child is unique. He or she has unique personality traits, interests, preferences, values, attitudes, strengths, and weaknesses. He discussed the wisdom of the five sheaths (#Pancha_Kosha) in Advaita Vedanta demonstrates the illusory nature of individuality. In order to achieve this, the holistic development of a child is of utmost importance.

He further elaborated that Maharishi Dayanand Saraswati should be remembered not merely as a founder of #Arya_Samaj but for his massive role as a social reformer and nation-builder. The present generation needs to be acquainted with his spirit of sacrifice, asceticism, and hard labor to seek inspiration from his life.

Students acquired a descriptive idea of Holistic education and its importance in today's time. The Lecture was conducted under Dr. Pawan Singh, Chairperson of the department. The chairperson congratulated and appreciated the effort made by the faculty member and promised to organize a more practical exposure lecture for students in the future. Dr. #Bharat_Dhiman, Assistant Professor of the department, coordinated the Lecture.

